

Guest Editor



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Frailty and Well-Being in Older Men: A Gender and Sex Perspective

🕒 **Deadline: 28 February 2023**

Dear Colleagues,

It is a great pleasure to invite contributions to a Special Issue of the Journal of Men's Health entitled Frailty and Well-being in Older People. This Special Issue will include original research articles, reviews (systematic, literature and meta-analyses), and short papers. This Special Issue of the Journal of Men's Health provides an ideal setting to present new and innovative approaches to investigating various topics in this field including specific characteristics of frailty and well-being in men, specifically in the area of assessment and therapeutics. Furthermore, identification of risk and resilience factors specific to men is important as these impact health and well-being as well as impacting frailty. In understanding these risk factors, we seek to improve primary, secondary, and tertiary intervention as well as to optimize the process of healthy aging.

Differences in biology of men and women requires gender-specific approaches for both assessment and intervention in older people. Additionally, being born male or female is one of the most important differentiating factors in our society and can influence how a person is perceived, shape social interactions, and dictate expected behavior. Such perceptions are due to various social and cultural aspects of male and female development and, therefore, gender-sensitive approaches are needed to fully understand the nature of complex interactions between biological and genetic factors as well as those that are environmental in nature such as social, cultural, and familial variables. Such factors will result in differences between men and women that may be more evident as a result of aging, owing to cumulative effects, rather than specific stages of life.

This Special Issue seeks to summarize current research in the field of healthy aging, well-being, and frailty. We seek contributions from the clinical and scientific communities, and from diverse disciplines such as neuroscience, medicine, as well as other health fields such as nursing and physiotherapy, and the social sciences. This Special Issue is open to discussion of current perspectives, or possible future approaches, to improve frailty and well-being in older people.

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