JOMH
Journal of Men's Health

an Open Access journal of MRE Press
Electronic ISSN: 1875-6859 | Print ISSN: 1875-6867

Special Issue

Guest Editor

Andreas Walther, PhD

Clinical Psychology and Psychotherapy, University of Zurich, Zurich, Switzerland

a.walther@psychologie.uzh.ch

Men's Mental Health: Male Vulnerabilities and Chances for Tailored Interventions

Deadline: 30 June 2025

Dear Colleagues,

It gives me great pleasure to invite you to contribute an article to the special issue on Men's Mental Health: Male Vulnerabilities and Chances for Tailored Interventions. This special issue will include original research, communications, and review articles. The Journal of Men's Health provides the ideal setting to present new and innovative approaches to the treatment of mental health problems in men. In addition, it is important to identify male-specific risk and resilience factors that have an impact on men's mental health.

On the one hand, the different biology of men and women leads to gender-specific approaches in pharmacotherapy of mental disorders. For example, exciting progress is being made in the area of hormone therapies. On the other hand, being born male or female is one of the most important differentiating factors in our society and determines how a person is perceived, how one interacts with them, and what behavior is expected of them. Due to different gender role norms, psychopathologies also express themselves differently in men and women and require gender-sensitive diagnosis and treatment accordingly.

Therefore, it is time in this framework to summarize the current research on the field of Men's Mental Health and discuss new or future approaches.

Dr. Andreas Walther

Guest Editor